

Black Family Wellness Expo



Linked in Friendship, Connected in Service



NATIONAL IMPACT DAY OF SERVICE

FREE, FUN, AND OPEN TO THE PUBLIC!



MARCH 21, 2026
12:00PM - 4:00PM

The Black Family Wellness Expo brings together families, health professionals, and community partners for a day focused on wellness, education, and connection. Join us for free resources, activities for all ages, and tools to support healthy families and thriving communities.



Event Highlights

GIVEAWAYS & RAFFLES

HEALTH SCREENINGS

FREE FOOD & REFRESHMENTS

CHILDREN'S ACTIVITIES

COOKING DEMONSTRATIONS

...and more!



MARTIN LUTHER KING, JR.
MIDDLE SCHOOL

1000 Mosby Street
Richmond, VA 23223

In partnership with:



SCAN HERE!



Or visit:
<https://tally.so/r/jalDeE>

PRESENTED BY

Commonwealth (VA) Chapter of The Links, Incorporated
James River Valley (VA) Chapter of The Links, Incorporated
Richmond (VA) Chapter of The Links, Incorporated